

**Kate Moore**  
**South Yorks & North Lincs Branch**

As always, the Hayes Christian Conference Centre were amazing with accommodating us and looking after us. About 60 of us gathered. A few brave ladies came on their bikes but most were in cars. I love how, with no conversation between us beforehand, and with only the session titles agreed with Sandy, all the seminars work so well together. You would think we had done hours of planning together! God is good! For me, one of the stand-outs was the Saturday afternoon session led by Heike. We were recommended a book; 'The Ruthless Elimination of Hurry'. I'm currently making my way through it, albeit slowly, acting on Heike's recommendation. All the sessions gave me food for thought. My 'takeaway' from them was relying on God for everything.